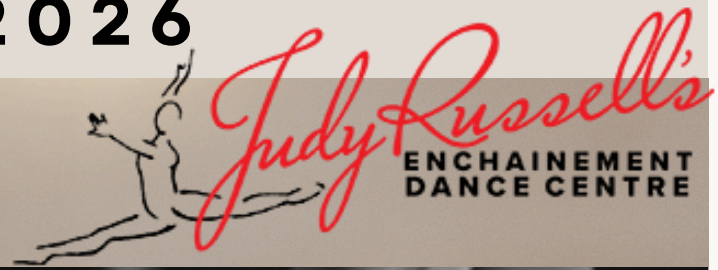


# WELCOME TO DANCE

## 2025/2026



Judy Russell, Owner/Artistic Director  
Enchainement Dance Centre Est.1982



The time between writing this message seems to me to be quicker and quicker all the time. We are always so thankful that you have registered and are ready to enjoy the upcoming year of learning, striving, growing and succeeding in our world of Performing Arts training and education.

The JREDC Summer was filled with dance camps, drop in classes, workshops, choreography and so much organizing on behalf of the studio administration.

New programs and classes, Nutcracker auditions, tap and ballet examination prep, and planning for the 2025-2026 competition and performance season are all on track. The entire staff is excited to begin another amazing year of dance and performance education.

For me this season is number 46.... but who's counting??

**Bring on 2025/2026!!!!**

3540 Opie Cres, Prince George BC

250-563-2902

[admin@jredc.net](mailto:admin@jredc.net)

[www.judyruesseldance.com](http://www.judyruesseldance.com)

# Judy Russell's Enchainement Dance Centre

# Meet Our Staff

## FACULTY

(in alphabetical order by last name)

**Judy Russell** - RAD, RTS

**Jennifer Bosmann** - B.Comm, CPHR Candidate-UNBC, Licentiate CDTA - Tap

**Laura Buchanan** - Biomedical Health Science - UNBC, Method Dance Society

**Bradley Charles** - Theatre NorthWest Artistic Associate

**Laura Heagy** - Registered Yoga Teacher 200, Professional Makeup Artist Diploma, Certified Career Development Practitioner

**Nadine Doyle** - BEd- TRU, MEd in Educational Leadership - VIU

**Brielle Hamelin**

**Kendra Hamlin** - Harbour Dance Centre ITP, Source Dance Company, Method Dance Society

**Kristen Helfrich** - Licentiate CDTA Tap, ARAD, RTS, BA, BEd, MEd in Special Education - UNBC

**Jennifer Hyndman** - Minor in Dance-University of Waterloo, PhD in Mathematics - University of Colorado, Conditioning with Imagery Level II Certified

**Catherine Hansen** - Diploma in Musical Theatre - Sheridan College, Diploma in Broadcast Journalism - BCIT

**Marissa McCarville** - NCCP Certified-Competition Gymnastics Level 1 and Trampoline Level 2, Safe Sport Training, Mental Health in Sport, Level 1 First Aid, Licensed ECE certificate

**Kate McGowan** - ARAD, Licentiate CDTA - Tap, BEd - UVic, Professional Specialization Certificate- Communication and Information Technology - UVic, Post Graduate Certificate in Early Childhood Education - Queens

**Sara McGowan** - ARAD, Associate CDTA - Tap, Method Dance Society

**Shelby Meaney** - BSc - UNBC, BEd - UNBC, Adv. Diploma in Performing Arts - Randolph Performing Arts College

**Anna Russell** - RAD, RTS, Performing Arts Diploma - CCPA, Certification in Progressing Ballet Technique, Theatre NorthWest Artistic Associate

**Nicole Russell** - ARAD, Concussion Prevention, Detection and Management Certificate, Professional Hair Styling Diploma - Blanche MacDonald - Vancouver

**Jonathan Vandenburg** - Bachelor of Engineering (Civil), Ballroom Training -Elite Dance Studios

Mattison Andres, Nova Bertoli, Courtney Bodenham, Suri Fraser, Ashlin Harrop, Morgan Johnson, Elizabeth Laurie, Addison Liu, Tyler Meaney, Claire McCaffrey, Caleigh McRae, Lily Parfitt, Mary Parfitt, Sofia Pellegrino, Mariana Plata, Jorja Simmons, Valen von den Steinen, Chase Warmerdam, Claire Westerlaken

## FACULTY(NON-REGULAR)

Tristan Ghostkeeper, Kelsey Jewesson, Elsa Winnig, Katie LeBlanc, Mya Friesen, Lilli Sullivan, Charley Hogue

## ADMINISTRATIVE STAFF

**Heather McGowan** - Administrative Manager/Studio Manager - EPI

**Diana McKellar** - Manager - Dance N Things Store

**Spencer Parfitt** - Finance Manager - JREDC

**Nadine Doyle** - Office/DNT Staff



# IMPORTANT DATES

## 2025/2026 CALENDAR OF EVENTS

**September 8** - First Day of Classes

**September 30**-Closed for Day of Truth and Reconciliation

**October 11-13** -Closed for Thanksgiving Weekend

**October 25-31** (Saturday-Friday)-Halloween Week-wear your Halloween costume to class

**Early November** - CDTA Tap Exams

**November 11**-Closed for Remembrance Day

**December 18-21**-Judy Russell and The PGSO Present:  
***The Nutcracker*** at Vanier Hall

**December 20-January 4**-Closed for Christmas Holidays

**February** - RAD Ballet Exams

**February 16**-Closed for Family Day  
(Open Saturday, February 14 for classes)

**March 14-29**-Closed for Spring Break

**March 14-20**- Prince George Dance Festival-Vanier Hall

**April 3-6** - Closed for Easter

**April 25** -Performers North Gala-Vanier Hall

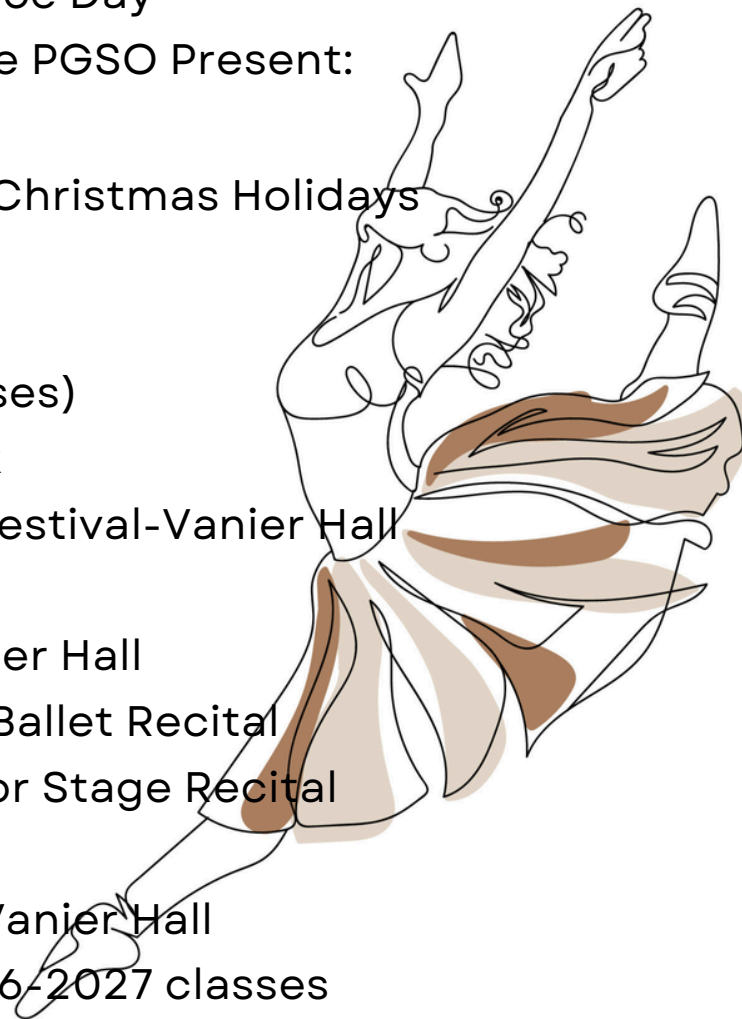
**June 9-17** -Additional Rehearsals for Ballet Recital

**June 16 & 18** -Additional Rehearsals for Stage Recital

**June 18**- Last Day of Classes

**June 19-20**-JREDC Year End Recital-Vanier Hall

**June 22** - Registration Opens for 2026-2027 classes



**\*\*\*\*Classes Run on all SD57 Pro D Days!!**

MONDAY - FRIDAY 12:00PM-5:45PM

SATURDAYS 9:00AM - 1:30 PM

SUNDAYS AND STAT HOLIDAYS - CLOSED

250-563-2902

ADMIN@JREDC.NET

WWW.JUDYRUSSELLDANCE.COM



# Policies and Procedures

## GENERAL STUDIO INFORMATION

### Payment:

- You are registering for a dance season that runs 36 weeks over 10 months, September -June.
- Monthly payments equal 1/10 of the annual cost and may not necessarily reflect the number of actual classes each given month.
- Each dancer registering for Full Year classes will be charged a Registration fee of \$40 + GST upon registration.
- Dancers will be charged a recital costume fee of \$125 +GST/PST. One costume fee will be charged for each class (only one fee will be charged for multiple ballet classes). Please note that this is a purchase fee, not a rental fee. The costume will be yours to enjoy after year end recital. Recital costume fees do not include tights, shoes or classroom attire.
- A pre-authorized monthly payment is due on the 1st of each month from September to June.
- Dancers Registering for 10 Week Introductory classes will be charged for the entire season upon registration. A \$10 registration fee will be charged.
- All automatic payments declined for any reason will incur a NSF fee of \$30. This includes credit cards.
- Registration for more than 10 classes must be approved by Mrs. Russell.
- No fee adjustment is made for missed classes except with a doctor's note.



### Cancellation:

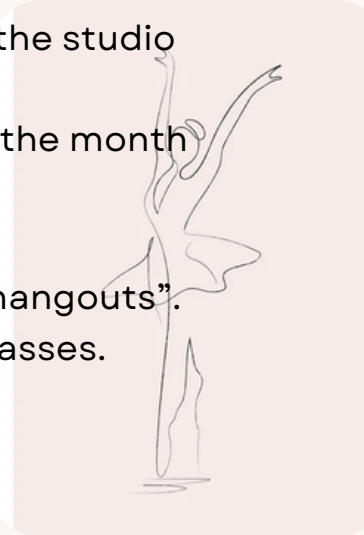
- Notice must be given in writing or by email. An email reply from the studio will complete your withdrawal/class change.
- All withdrawals and/or class changes take effect on the 30th of the month with 30 days prior notice.

### Changerooms:

Changerooms are meant for changing and should not be used as "hangouts".

It is important that these remain quiet spaces as to not interrupt classes.

- Female under 14 (born 2012 & later)- Hallway outside Studio C
- Female over 14 (born 2011 & earlier) - is in Studio D
- All ages Males - Beginning of the Hallway outside Studio D
- Family/Gender Neutral - inside Studio E



You can check out the status of your account at any time by logging in to your **Parent Portal**.

A link to your Parent Portal can be found on our website:

**[www.judyrudddance.com](http://www.judyrudddance.com)**

# Policies and Procedures

## Healthy Studio Policy:

- We strive to keep the Studio as Healthy an Environment as possible. If your dancer has been sick and is still showing symptoms of illness, please keep them home until they are well. In addition, if you or another member of your family is unwell, please use our Safety Drop and Go policy, and do not enter the studio. We thank you for your understanding and assistance.

## Safety Drop and Go:

**Due to the abundance of students at the Studio, we have developed a “Safety Drop and Dance” policy for all dancers.**

- We ask that parents and guardians of dancers 8 and up to not enter the lobby unless absolutely necessary.
- Parents and guardians of dancers aged 3-7 should accompany their child to class and then leave the building.
- As dancers become more comfortable with their surroundings, we ask that if you do not need to enter the building, please don't.
- Please do not arrive more than 5 minutes prior to class time.
- Please be on time for class pick up.

## Observation Days:

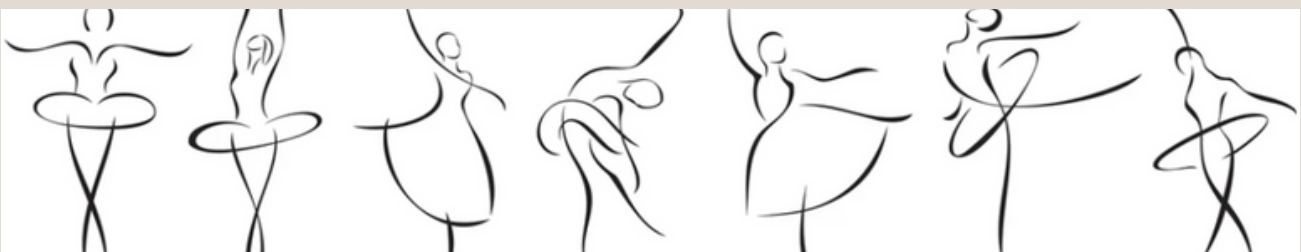
- We are excited to have so many students in the studio. We will have Classroom Observation Days this year. Stay tuned for more info!

## Year End Recital:

- Year End Recital will be held on **June 19 and 20** at Vanier Hall (PGSS).
- Watch for more Recital details coming after the Christmas Break.

## Parking:

- Parking is limited at peak times!
- Please refrain from parking in the lots of our neighbouring businesses. They will have you towed!
- Please do not park on the sides of the building. Parking is available on the street and in the front and back of the building.
- Please be aware of your surroundings. The parking lot can be very busy, so PLEASE watch out for pedestrians.
- Please follow the rules of the road. U-turns are not permitted in front of the studio.



# CLASSROOM ATTIRE

**DTYOT 1 & 2- Ballet** - Any style/colour leotard, choice of skirt, tutu or dress, pink footed tights and pink ballet slippers.

**Pre-Primary to Grade 8 & Vocational - Ballet** - Please see the attached information for Royal Academy of Dance required Uniform for class & Exams (next page).

Hair must be in a bun, bangs off the face, short hair please use headband.

**Adult Ballet** - Form fitting, easy to move in attire. We suggest a leotard with tights. Skirt optional. Yoga pants can be worn over the leotard, ballet slippers.

**Ballet/Tap Combo** - Ballet inspired... leotard with/without a skirt, tutu, pink ballet tights, pink ballet slippers, tap shoes, hair in a bun or slick ponytail.

**Jazz/Hip Hop Combo** - Clean indoor runners, sweat/cargo or jazz pants, t-shirts, no jeans. Hair must be pulled back into a ponytail, braid or bun.

**Jazz - All Levels** - Jazz pants/capris/shorts, leotard, bra/tank/t-shirt top. Hair must be pulled back into a ponytail, braid or bun. **Female:** Tan jazz shoes **Male:** Black jazz shoes

**Lyrical** - Tan jazz shoes, leotard, and spandex shorts. Hair must be pulled back into a ponytail, braid or bun.

**Tap - All Levels** - Black full sole tap shoes, jazz pants/leggings/shorts, T-shirts, no jeans. Hair must be pulled back into a ponytail, braid or bun. Tap 2 and all Company Levels must have lace up shoes.

**Hip Hop** - Clean indoor runners, sweat/cargo/jazz pants, shorts, T-shirt, no jeans. Hair must be pulled back in ponytail, braid or bun.

**Modern/Contemporary** - Bare feet, black leotard & black shorts. Hair must be pulled back in a ponytail, braid or bun.

**Acro** - Bare feet, black leotard & black shorts. Hair must be pulled back in a ponytail, braid or bun.

**Musical Theatre/Acting** - Jazz pants/leggings/shorts, leotard, bra/tank/t-shirt top. Hair must be pulled back in a ponytail, braid or bun. **Female:** Tan jazz shoes

**Male:** Black jazz shoes



## Dance N Things

Dance N Things is open for all of your dance supply needs. Beginning September 2nd we are open Mon-Fri 12:00pm-5:45pm and Saturdays 9:00am - 1:30 pm. We are closed Sundays and all Stat Holidays.

\*\*\* If you require Pointe shoes or Demi Pointe shoes please call ahead for an appointment.

[dancethings@jredc.net](mailto:dancethings@jredc.net)



**PRE-PRIMARY & PRIMARY IN DANCE** LILAC or PINK cap sleeve, matching colored mock wrap skirt, pink ankle socks, full sole ballet slippers with elastic. Pink tights may be worn during class time only. **BOYS:** White short sleeve fitted t-shirt, black shorts, white socks & white ballet slippers.

**GRADE 1, 2 & 3\*** MARINE BLUE or NAVY \*\* sleeveless pinch leotard with waistband, pink tights, pink full sole leather ballet slippers with elastic.

For Character work a black character skirt & black low heel canvas character shoes. \*Grade 3 high heel character shoes. **BOYS:** White short sleeve t-shirt, black shorts, white socks & white ballet slippers.

**GRADE 4 & 5\*** BURGUNDY or NAVY sleeveless pinch tank leotard with waistband, pink tights full sole leather ballet slippers with elastic.

Gr. 5 LEATHER & CANVAS split sole ballet slipper permitted. For Character work a black character skirt & black high heel canvas character shoes. **BOYS:** Short sleeve white leotard, black footless leggings, white socks & white ballet slippers. Character work, black jazz shoes.

**GRADE 6, 7 & 8** Any classic camisole style leotard (recommended colors: royal blue, burgundy) with matching chiffon skirt, silk scarf (1mx2m), pink tights, split sole ballet slippers with elastic. For Character work a black character skirt & black high heel canvas character shoes. NOTE: All character skirts must have three rows of ribbon, one color matching leotard. Character skirt should be mid calf length (3" below knee). **BOYS:** Short sleeve white leotard, black footless tights, white socks & white ballet slippers. Character work, black jazz shoes.

## **VOCATIONAL EXAMS-**

Intermediate Foundation, Intermediate, Advanced Foundation, Advanced 1 & 2: Female exam candidates all levels of Vocational Demi pointe & pointe shoes with ribbon. Pink tights, camisole style leotard, choice of Black, Royal Blue or Purple. Male exam candidates for Intermediate Foundation & Intermediate: White short sleeve leotard, black or navy footless tights, white dance socks and white ballet slippers. Male exam candidates for Advanced Foundation, Advanced 1 & 2: Black short sleeve leotard, black tights, white dance socks and white ballet slippers, Please note if wearing black ballet slippers, black socks are required.